



# The Big Question

Week Beginning 04/12/2017

Should we be happy at all costs?



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## Assembly Lead

Year 7: Mr Downes

Year 8: Ms Aslam

Year 9: Mr Leather

Year 10: Mr Dixon

### Visit:

[Action for Happiness](#)

[TED](#)

[New Statesman](#)

### Do:

Smile at someone and make their day

Be selfless

Do something to help someone

### Read:

**Escape Everything! Escape from Work. Escape from Consumerism. Escape from Despair**  
by Robert Wringham

**Consumerism in Twentieth-Century Britain: The Search for a Historical Movement**  
by Matthew Hilton

**Billionaire Boy**  
by David Walliams

**How the Grinch Stole Christmas!**  
by Dr. Seuss

### Watch:

**Screenagers**  
directed by Delaney Ruston

**Spent: Looking for Change**  
directed by Derek Doneen



Please email your essays to: [BigQEssay@forestgatecst.org](mailto:BigQEssay@forestgatecst.org)