

Year 7 Summer Athletics Team

Date: Tuesday 22nd May

Meet: Sports Hall @ 7:45am

Return: approx 4:15pm

Venue: Newham Leisure Centre

What to bring: lunch, water, sun cream, raincoat, trainers/spikes

FULL NAME	H U R D L E S	1 0 0 M	2 0 0 M	3 0 0 / 4 0 0 M	6 0 0 / 8 0 0 M	1 2 0 0 / 1 5 0 0 M	R E L A Y	S H O T	J A V E L I N	D I S C U S	L O N G J U M P	T R I P L E J U M P	H I G H J U M P
Emmanuel Nhuka			Y				Y				Y		
Hazeez Olowu		Y					Y					Y	
Zakaria Saker				Y			Y	Y					
Emmanuel Toko	Y								Y				
Ahmed Chilla						Y							
Rafik Ouldmakhloufi					Y								
Ebrima Bah Karagera							Y						Y
Leo Young								Y					
Safiyyah Saiyed						Y	Y					Y	
Dasola Oduyoye	Y						Y				Y		
Lora Tsvetkova			Y				Y						
Demi Richardson				Y									Y
Kenya Yeck		Y					Y	Y					
Charlotte Morton					Y				Y				

Please check your name and event above.

This is now final

Year 8 Summer Athletics Team

Date: Tuesday 22nd May

Meet: Sports Hall @ 7:45am

Return: approx 4:15pm

Venue: Newham Leisure Centre

What to bring: lunch, water, sun cream, raincoat, trainers/spikes

FULL NAME	HURDLES	100M	200M	300 / 400 M	600 / 800 M	1200 / 1500 M	RELAY	SHOT	JAVELIN	DISCUS	LONG JUMP	TRIPLE JUMP	HIGH JUMP
Xavier Corkill				Y			Y						Y
Theo Maitland		Y					Y				Y		
Aaron Mbunga			Y				Y						
Geele Mohammed						Y						Y	
Rayan Mbunga							Y	Y					
Joelson Santy	Y								Y				
Leeyush Firosh										Y			
Abel Yohannes					Y								
Estela Kolesovaite		Y					Y		Y				
Esme Jones						Y	Y						Y
Cassandrina Robinson				Y				Y					
Princess Boachie			Y				Y				Y		
Diana Kinyua					Y		Y					Y	

Please check your name and event above.

This is now final

Year 9 Summer Athletics Team

Date: Tuesday 22nd May

Meet: Sports Hall @ 7:45am

Return: approx 4:15pm

Venue: Newham Leisure Centre

What to bring: lunch, water, sun cream, raincoat, trainers/spikes

FULL NAME	HURDLES	100M	200M	300 / 400 M	600 / 800 M	1200 / 1500 M	RELAY	SHOT	JAVELIN	DISCUS	LONG JUMP	TRIPLE JUMP	HIGH JUMP
Prince-Manuel Commodore						Y						Y	
Shadrack Boakye					Y		Y		Y				
Kamran Hussain			Y				Y			Y			
Kausar Ahmed		Y					Y				Y		
Adam Mahmood				Y			Y	Y					
Callum Richardson													Y
Talha Ahamed	Y												
Zion Sealey		Y									Y		

Please check your name and event above.

This is now final

Year 10 Summer Athletics Team

Date: Tuesday 22nd May

Meet: Sports Hall @ 7:45am

Return: approx 4:15pm

Venue: Newham Leisure Centre

What to bring: lunch, water, sun cream, raincoat, trainers/spikes

FULL NAME	HURDLES	100M	200M	300 / 400 M	600 / 800 M	1200 / 1500 M	RELAY	SHOT	JAVELIN	DISCUS	LONG JUMP	TRIPLE JUMP	HIGH JUMP
Afzal Saiyed			Y				Y			Y			
Rehan Firosh				Y			Y					Y	
Zain Dar		Y											
Fahim Nuha	Y						Y						Y
Henry Houghton						Y					Y		
Philemon Boachie					Y				Y				
Lion Bello							Y						
Harvey Saunders								Y					
Esther Odusami		Y					Y				Y		
Ayesha Dabo			Y							Y			
Glenna Akanjuisi				Y			Y					Y	
Maame Asamoah-Osei							Y	Y					
Holly Mirembe							Y		Y				

Please check your name and event above.

This is now final