

FGCS Assembly Themes and Rota 2014-15

Timing of Period 7 Weekly

All children should remain with their form tutors for the whole of mentoring until 3.23pm. They will be engaged in the following activities:

	7	8	9	10	11
Mon	Assembly LB	Silent Reading	Silent Reading	Silent Reading	Exam Skills
Tue	X	X	X	X	X
Wed	Silent Reading	Assembly LB	Literacy or pastoral activities	Literacy or pastoral activities	Assembly Hornbeam
Thurs	Literacy or pastoral activities	Literacy or pastoral activities	Assembly LB	Assembly Hornbeam	Literacy or pastoral activities
Fri	X	X	X	X	X

Assembly Expectations

All assemblies should:

- Offer a time for reflection
- Discuss and raise core values
- Contribute to students' SMSC development

Staff are expected to:

- Devise their own assemblies, using their experiences. Sharing resources is to be encouraged. Guest speakers are welcome and should be scheduled in order to follow the weekly themes.
- Use music, video, audio, visual stimuli, personal experience and anecdotes which are all excellent ways of engaging students.
- Give notices out at the beginning of the assembly.
- Dismiss students immediately after the period of reflection.

Assembly Themes and Rota 2014-2015

Assembly Rota

Week/Date	Assembly Focus	Quote and Reflection point	Notes
1. 3/9/14	New beginnings	<ul style="list-style-type: none"> • <i>"The beginning is the most important part of the work"</i> Plato • Students should be encouraged to reflect on what they can do to improve this year and what end goal they desire 	This is a welcome back assembly –staggered on first day back
2. 8/9/14	Fly (School Motto)	<ul style="list-style-type: none"> • <i>"The man who has no imagination, has no wings"</i> Muhammad Ali • Students could be encouraged to picture what they want from their future and what they don't want. 	Students should be encouraged to think about inspirational people who imagined greatness and achieved it.
3. 15/9/14	Literacy International Literacy Day	<ul style="list-style-type: none"> • <i>'Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime.'</i> Maimonides • Students should reflect on the opportunities they have by being able to read and write. They should think about those that can't. They should reflect on how they will improve their own literacy. 	Mention the use of mentoring to improve Literacy.
4. 22/9	Tolerance	<ul style="list-style-type: none"> • <i>"In the practice of tolerance, one's enemy is the best teacher."</i> Dalai Lama • Students should reflect on differences and how they tolerate other people who do not share the same views. 	We are an inclusive, tolerant, multi-racial community. We have a duty to look after each other.
5. 29/9	Conflict Resolution	<ul style="list-style-type: none"> • <i>"Conflict is inevitable, but combat is optional"</i> Max Lucade • Students should reflect on how to resolve issues when they disagree. What alternatives are there to arguments and violence? 	Working through problems is better than fighting. Use examples of world leaders eg Mo Mowlem, Kofi Anan.
6. 6/10	Cyber- bullying awareness month	<ul style="list-style-type: none"> • <i>"Unless and until our society recognises cyber- bullying for what it is, the suffering of thousands of silent victims will continue."</i> Anna Maria Chavez • Students should reflect on times they have witnessed cyber- bullying and the effect it has. • Students should know how to report Cyber –bullying and what to do if they're a victim. 	Key places for help Reportit@forestgate NSPCC website Childline
7. 13/10	Black History Month	<ul style="list-style-type: none"> • <i>"Bringing the gifts that my ancestors gave, I am the dream and the hope of the slave. I rise, I rise, I rise"</i> Maya Angelou • Students should reflect on achievements by black and marginalised people. How can we learn from History? 	Celebration of achievements. Empathy with suffering.
8. 20/10	Charity	<ul style="list-style-type: none"> • <i>"A bone to the dog is not charity. Charity is the bone shared with the dog, when you are just as hungry as the dog"</i> Jack London • Students should reflect on the things they can do to help those less fortunate than themselves. 	HOL should identify the charity for the year group and educate them about the cause. They should introduce the fundraising idea.

Assembly Themes and Rota 2014-2015

		HALF TERM		
9.	3/11	The Rule of Law	<ul style="list-style-type: none"> • <i>"True freedom requires the rule of law and justice, and a ... system in which the rights of some are not secured by the denial of rights to others."</i> Jonathan Sacks • Students should reflect on what life would be like without rules and responsibilities. They should consider their role in it. 	The importance of law and order How the British Justice system works
10.	10/11	Remembrance day	<ul style="list-style-type: none"> • <i>"At the going down of the sun and in the morning. We will remember them"</i> • From 'The Fallen' by Robert Laurence Binyon • Students should reflect on the patriotism and personal sacrifice made by the soldiers in war. They should have 2 minutes silence for the dead. 	Symbol of the poppy Loss of youth 100 years since the start of WW1
11.	17/11	Honesty	<ul style="list-style-type: none"> • <i>"No legacy is so rich as honesty"</i> William Shakespeare • Students should reflect on the times when they haven't been honest and how they could have acted differently. • Students should consider if honesty is always the best policy. 	Implications of being dishonest When is it ok not to tell the truth?
12.	24/11	Road Safety Week	<ul style="list-style-type: none"> • <i>Around 5000 children under the age of 16 die or are seriously injured on Britain's roads each year"</i> The AA Motoring Trust • Students should reflect on how they can keep themselves safer on the roads. 	Improving personal safety Tips on taking care.
13.	1/12	Entrepreneurship Week	<ul style="list-style-type: none"> • <i>"Whatever the mind can conceive and then believe, the mind can achieve"</i> Dr Napoleon Hill • Students should reflect on qualities of entrepreneurship. How can they find opportunities and achieve their dreams? 	Social entrepreneurship? Self – reliance and independence Qualities of an entrepreneur
14.	8/12	Success	<ul style="list-style-type: none"> • <i>"The only place where success comes before work is in the dictionary"</i> Vince Lombardi • Students reflect on their charity work and the successes they have had. • Students reflect on what hard work they have done that term 	Class assemblies due to school production and preliminaries. HOL to provide resources to their year group.
15.	15/12	Grow (School Motto)	<ul style="list-style-type: none"> • <i>"It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change "</i> Charles Darwin • Students reflect on what changes they need to make to grow as people and improve. 	Students should be taught about having a growth mind set.
		CHRISTMAS HOLIDAYS		
16.	5/1	Healthy Eating	<ul style="list-style-type: none"> • <i>"To keep the body in good health is a duty.....otherwise we shall not be able to keep our mind strong and clear"</i> Buddha or <i>"We are what we eat"</i> Ludwig Andreas Feuerbach • Students reflect on their own eating habits and the effect it has on their body and mind. 	Share facts and statistics about favoured unhealthy snacks Suggest substitutes. Give tips for a healthier lifestyle.

Assembly Themes and Rota 2014-2015

17. 12/1	Equality	<ul style="list-style-type: none"> • <i>"We may have all come on different ships, but we're in the same boat now"</i> Martin Luther King • Students reflect and celebrate our diverse community but our equal opportunities. 	<p>Focus on number of languages, countries, religions in the school community and the country</p> <p>Focus on different customs and traditions</p> <p>Celebration of equality of opportunity for people living in Britain today.</p>
18. 19/1	Freedom	<ul style="list-style-type: none"> • <i>"For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."</i> Nelson Mandela • Students reflect on the freedoms offered to them and the responsibility that comes with being free. 	<p>Students should be made aware of issues surrounding child trafficking, child labour. They could also consider gangs and lack of freedom associated with being in a gang.</p>
19. 27/1	The Environment Go Green Week	<ul style="list-style-type: none"> • <i>"We do not inherit the Earth from our Ancestors, we borrow it from our Children"</i> Native American Proverb: • Students reflect on how their behaviour affects the environment and changes they can make for the future. 	<p>Students should be taught about their carbon footprint.</p> <p>Students should be given tips on how to lead a greener lifestyle.</p>
20. 9/2	Connect (School motto) Safer Internet Day	<ul style="list-style-type: none"> • <i>"The Internet is becoming the town square for the global village of tomorrow."</i> Bill Gates • Students reflect on what life would be like with the internet. They think about how it enhances and redefines friendships 	<p>Students should be educated on the way the internet changes relationships.</p> <p>It draws people closer as well as drives them apart.</p> <p>They should be given tips about staying safe online.</p>
HALF TERM			
21. 23/2	Friends and Relationships	<ul style="list-style-type: none"> • <i>"Don't walk behind me; I may not lead. Don't walk in front of me; I may not follow. Just walk beside me and be my friend."</i> Albert Camus • Students reflect on friends they are thankful for and when they have been a good friend to others. 	<p>Students should be aware of what makes a healthy friendship and relationship.</p> <p>Students should be made aware of gangs and the ways they use power over others in relationships.</p>
22. 2/3	World Book Day	<ul style="list-style-type: none"> • <i>"There are worse crimes than burning books. One of them is not reading them."</i> Ray Bradbury • Students reflect on their reading habits. They consider their favourite story / book they have read 	<p>A celebration of books and reading.</p> <p>Reflection on own silent reading and the mentoring students have done this year.</p> <p>Perhaps students and staff can talk about their favourite books.</p> <p>Head of Literacy could be invited to lead.</p>
23. 9/3	International Women's day	<ul style="list-style-type: none"> • <i>"For most of history, Anonymous was a woman."</i> Virginia Woolf • Students reflect on the situations facing many women and girls around the world today. 	<p>Issues affecting women today should be covered including:</p> <ul style="list-style-type: none"> • FGM • Forced Marriage • Kidnapping of Nigerian girls • Inequality
24. 16/3	Personal Responsibility and Social Responsibility	<ul style="list-style-type: none"> • <i>"The price of greatness is responsibility"</i> Winston Churchill • Students should reflect on their responsibility to themselves and others in society 	<p>Students should think about what their responsibilities are. Who are they responsible for? What should they contribute to the school community?</p> <p>Helping others</p> <p>Not dropping litter</p>

Assembly Themes and Rota 2014-2015

			Representing the school
25. 23/3	Local History and Community History	<ul style="list-style-type: none"> • <i>“When a man is tired of London, he is tired of life; for there is in London all that life can afford.” Samuel Johnson</i> • <i>“I’m glad we’ve been bombed. It makes me feel I can look the East End in the face.” Elizabeth the Queen Mother (during WW2)</i> • Students should reflect on what they have learned about the History of East London. They should consider how local History has affected them. 	Students should be familiarised with a history of the East End. Dickens’ view of London/ Jack the Ripper’s London The Blitz and evacuation Immigration The Olympics
26. 30/3	Childhood Save the Children Week	<ul style="list-style-type: none"> • <i>“One of the luckiest things that can happen to you in life is, I think, to have a happy childhood.” Agatha Christie</i> • Students should reflect on what freedoms children should have. They should consider the rights of the child 	Students should know and reflect on the ‘United Nation Declaration of the Rights of the Child’ They should learn about children who have had these rights denied. They should know where to go if they need help.
EASTER HOLIDAYS			
27. 20/4	Forgiveness	<ul style="list-style-type: none"> • <i>“The weak can never forgive. Forgiveness is the attribute of the strong” Mahatma Gandhi</i> • Students should reflect on a situation where they could forgive someone or ask for forgiveness. They should consider how it would make them feel. 	Students could be told stories of forgiveness
28. 5/5	Listening	<ul style="list-style-type: none"> • <i>“I remind myself every morning: Nothing I say this day will teach me anything. So if I’m going to learn, I must do it by listening.” Larry King</i> • Students reflect on the purpose of listening carefully. They think about someone who they could offer a listening ear to. 	Students should understand the importance of listening as well as talking.
29. 11/5	Poverty and Homelessness	<ul style="list-style-type: none"> • <i>‘Of all the doorways in the world to choose to sleep, I’ve chosen yours. I’m on the street, under the stars.’ From the poem ‘Give’ by Simon Armitage</i> • Students should reflect on what it would be like to have no home and think of things they are thankful for. 	Students should be made aware of homelessness and its implications.
30. 18/5	Kindness	<ul style="list-style-type: none"> • <i>“We shall never know all the good that a simple smile can do.” Mother Teresa</i> • Students consider their most recent act of kindness and a time they could be kind in the near future. 	Students should consider that sometimes it is better to be kind than right.
HALF TERM			
31. 1/6	Aiming High	<ul style="list-style-type: none"> • <i>“Aim for the moon. If you miss, you may hit a star.” W. Clement Stone</i> • Students should think about something they would like to achieve but feels out of their reach. They reflect on what achieving it would feel like and what barriers they need to overcome to get there. 	Students should be aware of the need to set challenging goals.
32. 8/6	Humility	<ul style="list-style-type: none"> • <i>“Humility is not thinking less of yourself, it’s thinking of yourself less.” C. S.</i> 	Experiences of young carers could be shared or inspirational stories.

Assembly Themes and Rota 2014-2015

		<p>Lewis</p> <ul style="list-style-type: none"> Students should reflect on times when they put other’s needs before their own. They should focus on how it makes them feel and how they can find other opportunities to be humble. 	
33. 15/6	Heroes	<ul style="list-style-type: none"> <i>“The hero is one who kindles a great light in the world, who sets up blazing torches in the dark streets of life for men to see by.”Felix Adler</i> Students should reflect on people they admire, people who inspire them. How can they inspire others? 	Leaders of the assembly could talk about someone they admire and say how they have inspired them.
34. 22/6	Strive (School Motto)	<ul style="list-style-type: none"> <i>“The harder I work, the luckier I get.”Samuel Goldwyn</i> Students should think about times when they have felt like giving up. They should think about how much work they do each day and how they could do more. 	Students learn about hard work and perseverance
35. 29/6	Wealth	<ul style="list-style-type: none"> <i>“A fool and his money are easily parted” Dr John Bridges or</i> <i>“It is not the creation of wealth that is wrong, but the love of money for its own sake.” Margaret Thatcher</i> Students should consider money and wealth and the things money can’t buy. 	Students could think about using money wisely and budgeting. They could consider how money can rule and influence people.
36. 6/7	Perception	<ul style="list-style-type: none"> <i>“You never get a second chance to make a first impression” Oscar Wilde</i> Students should consider the impression they give of themselves. Is this who they truly are? 	Students should be aware of media portrayal of teenagers and how they comport themselves. They should be aware of how they judge others and others judge them based on first impressions.
37. 13/ 7	Celebration	<ul style="list-style-type: none"> <i>“The best is yet to come” Peter Ustinov</i> Students should reflect on what they have achieved this year and their hopes for next year 	A review of the year should take place with awards and memorable moments. It should be an uplifting celebration.